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An Update on the Role of Imaging in the Care of Patients with Schistosomiasis



Public Health Ontario

Santé publique Ontario **Celine Lecce**¹, Leila Makhani^{1,2}, Shveta Bhasker¹, Christian Lecce¹, Jason Kwan¹, Michael Klowak¹, Priyanka Challa¹, Anjola Ogunsina¹, Osaru Omoruna¹, Kimberley Marks-Beaubrun¹, Zachary Corso¹, Rachel Lau², Andrea Boggild^{1, 3, 4}

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Background:

- Schistosomiasis leads to significant morbidity and mortality worldwide and infection with *Schistosoma mansoni* and *S. japonicum* can lead to severe hepatic disease including periportal liver fibrosis, portal hypertension and esophageal varices¹
- World Health Organization (WHO) guidelines recommend the use of abdominal imaging to detect early hepatic changes in order to improve disease outcome² but there are limited up-to-date authoritative resources to guide the utilization of imaging in the initial management of those with schistosomiasis
- We mapped available literature regarding the role of imaging in the evaluation of patients with schistosomiasis to inform clinical recommendations for risk stratification of disease

Methods:

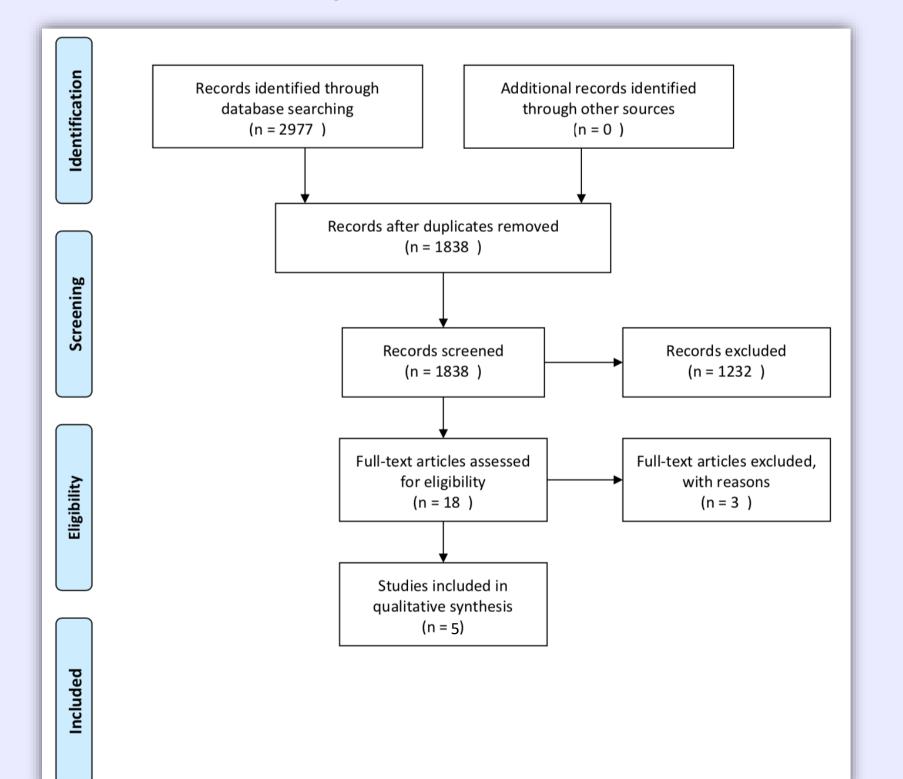
• Eight electronic databases were searched: Ovid Medline, EMBASE, Cochrane Library of Systematic Reviews, Epistemonikos, Global Health, NICE, TRIP and LILACS from database inception to February 28, 2019 with the following search terms:

Schistosomiasis		Medical Imaging		Liver
Schistosomiasis		СТ		Liver
Schistosoma		Computed		Periportal fibrosis
mansoni		tomography		
Schistosoma		Ultrasound		Hepatic
japonicum				
		Ultrasonography		Echogenic*
		MRI		Hepatosplenic
	Α	Magnetic resonance	Α	
	N	imaging	N	
	D	Echo imaging	D	
		Sonography		
		Sonogram		
Schistosomiasis		CT OR (computed AND		Liver OR periportal OR
OR Schisto*		tomography) OR		peri-portal OR fibrosis
AND (mansoni		Ultraso* OR Sonogr*		OR hepat* OR
OR japonicum)		OR MRI OR (Magnetic		echogenic*
		AND resonance AND		
		Imaging) OR Echo OR		
		Imaging		

- Titles, abstracts and full-text articles were systematically screened by two reviewers with a tertiary arbitrator
- Data extraction was performed by two reviewers and the quality of the articles will be critically evaluated using the Grading of Recommendations Assessment, Development, and Evaluation (GRADE) approach. Meta-analysis was performed in comprehensive meta-analysis software using random effects model

Results: collated from analysis of 5 articles selected for full text review by Oct 31/19

Figure 1: PRIMSA Flow Diagram



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Based on the data analyzed for this systematic review to date:

The pooled **prevalence** for **liver fibrosis** detected by **ultrasound was 60%** in patients with schistosomiasis in Brazil

Abdominal ultrasound can detect liver fibrosis in the absence of clinical disease

Abdominal ultrasound is an important diagnostic tool in the diagnosis of schistosomiasis-related liver disease

Results Cont'd:



Study	Author (Year)	Study Setting	Baseline Characteristics	Patients with Diagnosis of Schistosomiasis mansoni	Patients with Liver Abnormalities (all degrees) Detected by Ultrasound	Percentage of Patients with Fibrosis Detected by Ultrasound
1	Lucia (1993)	Brazil	Patients with schistosomiasis attending University Hospital in Recife	176	121	68.8
2	Barata (1999)	Brazil	Patients aged 5-45 with acute schistosomiasis (n=26 acute schistosomiasis, n=26 controls)	26	5	19.2
3	De Jesus (2000)	Brazil	Patients aged 7-38 with schistosomiasis diagnosed x 2 tests x 2 separate days	164	156	95
4	Koukounari (2006)	Mali	Children from 29 schools with schistosomiasis	2820	1156	40.1
5	Prata (2010)	Brazil	Group 1: (n=41) clinical evidence of liver disease Group 2: (n=102) clinical evidence of liver disease in the past Group 3: (n=268) no clinical evidence of liver disease N=411 with schistosomiasis	411	128	31.1

Figure 2:

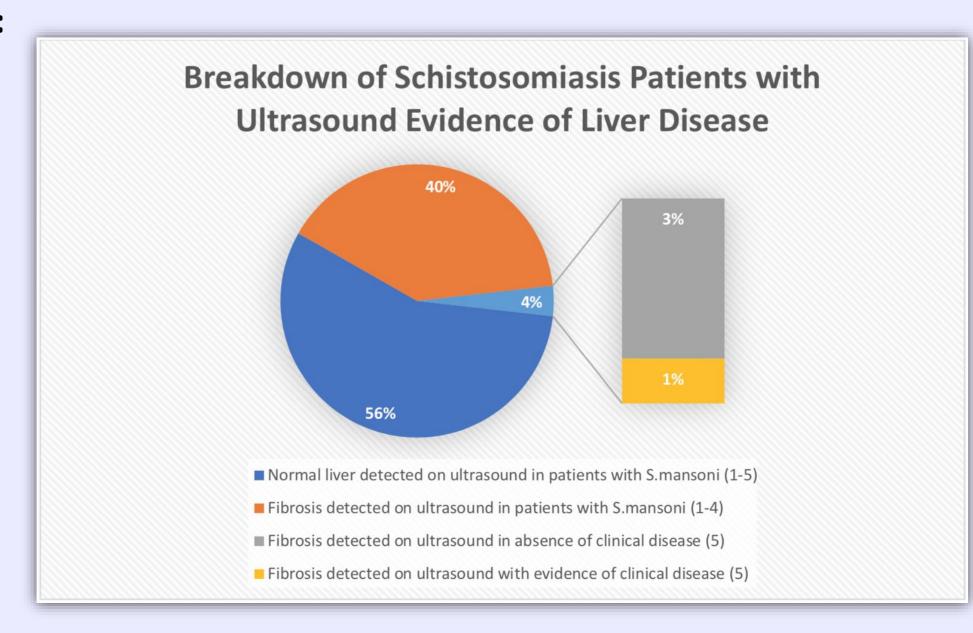
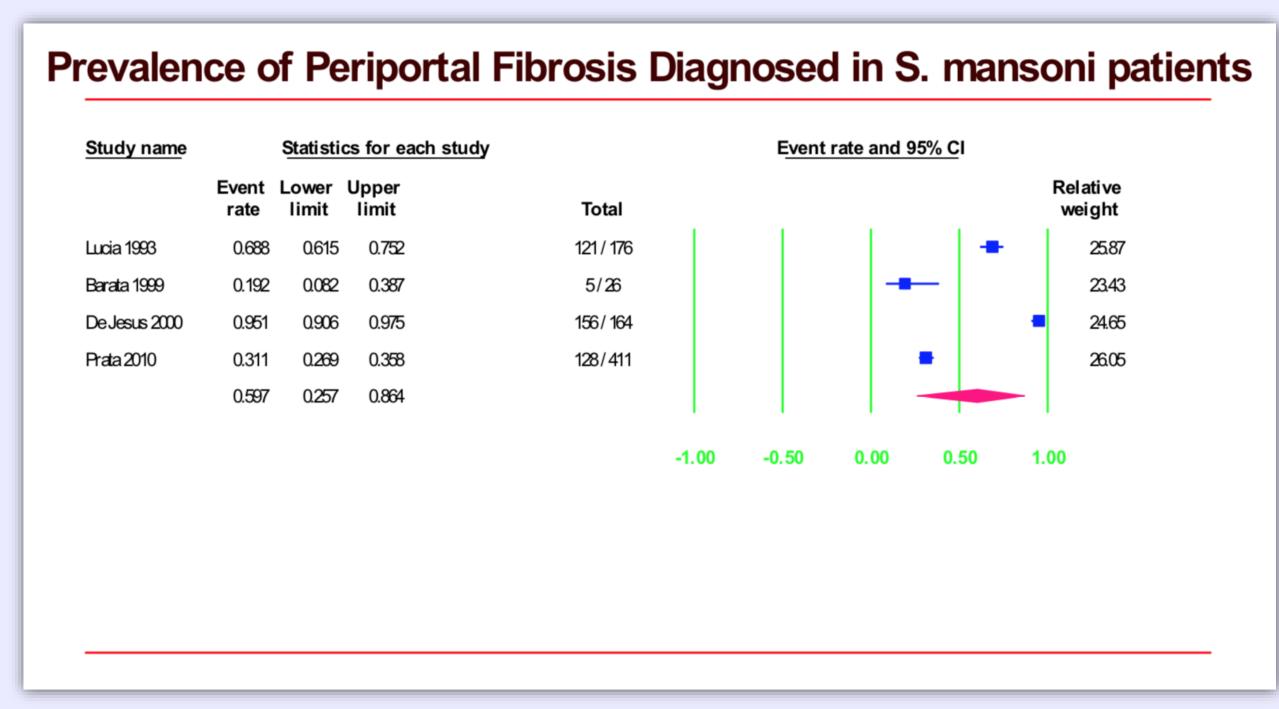


Table 3:



- The pooled prevalence of periportal fibrosis was 60% across the 4 studies evaluating
 777 patients with schistosomiasis in Brazil
- The most well represented imaging modality was ultrasound scanning, which documented liver status in 100% of patients
- No included studies reported on use of CT or MRI for liver evaluation

Discussion:

- Abdominal ultrasound is an important diagnostic tool in the detection of schistosomiasis related liver disease
- WHO guidelines support that abdominal imaging can detect early hepatic changes that could indicate downstream periportal fibrosis², thereby improving outcomes
- Synthesizing the current literature on abdominal imaging in the evaluation of schistosomiasis can translate into clinical recommendations for improved risk stratification and management of schistosomiasis, and thereby overall improvement of disease outcomes

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